

Practice Log Sheet

Practice Goal _____ minutes per day

Week of __/__/__

| ITEM | Description | Minutes | | | | | | |
|---------------|-------------|---------|-----|-----|-----|-----|-----|-----|
| | | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| SCALES: | | | | | | | | |
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| | | | | | | | | |
| ARPEGGIOS | | | | | | | | |
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| SONGS | | | | | | | | |
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| IMPROVISATION | | | | | | | | |
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| | | | | | | | | |
| THEORY | | | | | | | | |
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| Questions/Notes from practice: |
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